

5 May 2019

LAP BULLETIN

Church of Christ 20 Lim Ah Pin Road Singapore 547839 Tel 6286 5605
www.lapcoc.org limahpincoc@gmail.com www.facebook.com/lapchurchofchrist

Worship Schedule

SUNDAY

9.30 am
Worship
(English)

11.15am
Bible Class
(English)

3.45pm
Bible Class
(Mandarin)

5.00pm
Worship
(Mandarin)

7.00pm
Worship
(English)

THURSDAY

7.45pm
Bible Class
(English/Mandarin)

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Elders

Bro Jimmy Lau
Bro Lee Tian Seng
Bro Michael Yeo

Deacons

Bro Benjamin Tan
Bro Jerry Cheong

Preachers

Bro Alvin Lin
Bro Ernest Lau

Administrator

Sis Goh Ser Ern



Advance Care Planning:

Planning Ahead For You & Your Loved Ones

Saturday 11 May 2019

10am-11.30am

20 Lim Ah Pin Road, Church of Christ

Singapore 547839

Sign up at: <https://tinyurl.com/y636bzlq>



Living Matters



Elder's exhortation

by bro Jimmy Lau

Rom 2:1 Therefore thou art inexcusable, O man, whosoever thou art that judgest: for wherein thou judgest another, thou condemnest thyself; for thou that judgest doest the same things.

The apostle now turns his attention to the Jews. Paul has just shown that the Gentiles were great sinners, and were without excuse before God (Rom 1:32). He says the Jews were no better than them. The Jews who prided themselves as God's chosen people and possessing the Law of God were also sinners in the sight of God; they practiced the very thing they condemned in others. Paul says they were under the same condemnation.

For thou that judgest doest the same things – Imagine a judge who sits in judgement over a case of adultery. He condemns the party who has committed an adulterous affair which caused the marriage to break down. He pronounces a verdict of guilty and grants the innocent party the divorce and damages claim. He leaves the court and heads straight to his mistress' apartment.

Barnes wrote: *"It often happens, too, that people are remarkably zealous in opposing those offences which they themselves secretly practice... Thus, David readily condemned the supposed act of injustice mentioned by Nathan; 2Sam 12:1-6. Thus, also kings and emperors have enacted severe laws against the very crimes which they have constantly committed themselves."*

In the example of king David, the scripture says: **"David's anger was greatly kindled against the man; and he said to Nathan, As the LORD liveth, the man that hath done this thing shall surely die"** (2 Sam 12:5).

In the parable that Nathan spoke, the rich man had many sheep while the poor man had only one ewe lamb which he loved as his own daughter. The rich man slaughtered the poor man's ewe lamb to feed his guest. Likewise, David had many wives and concubines while Uriah had only one wife whom he loved very much. But David

coveted Uriah's wife and killed him to gain her. David, standing as a judge, could not see he was as guilty as the rich man in Nathan's parable.

Our Lord says: **"And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye?"** (Matt 7:3).

We are oftentimes guilty of the very things we condemn in others. For example:

"He is selfish." Are we not selfish too?

"He is sensitive." Are we not sensitive too?

"He is covetous." Are we not covetous also?

When we judge others we should make it a rule to examine ourselves on that very point. Paul says: **"Examine yourselves"** (2 Cor 13:5) and **"Let a man examine himself"** (1 Cor 11:28). But our favourite hobby is to examine others. Somehow, we find it easier to examine others than ourselves. Why?

1. It makes us feel good ourselves: **"God, I thank thee, that I am not as other men are"** (Luke 18:11).

2. It is to cover up our own sins: **"He that is without sin among you, let him first cast a stone at her"** (John 8:7).

3. We are simply blind to our sins: **"And Nathan said to David, Thou art the man"** (2 Sam 12:7).

Have we been guilty of the same sins we condemn in others? It is easier to say someone has lack of compassion, is inconsiderate, idle, selfish, stingy, greedy etc. than to see the same in ourselves: **"for thou that judgest doest the same things."**

Let us do a self-examination each day: **"Physician, heal thyself"** (Luke 4:23). Let us heal ourselves before we heal others.



May			
2	Sara Yang	18	Adeline
7	Mae	20	Diana
8	Timothy	22	Constance
11	Wee Sin	23	Jonathan
14	Paul Kenneth Liong	26	Amos
15	Ellen	27	Anna Joy
16	Sew Hua Reuben	31	Dave



Preacher's exhortation

Guard Your Heart

By bro Ernest Lau

“Keep thy heart with all diligence; for out of it are the issues of life.” (Proverbs 4:23)

We all know the importance of exercising and eating healthy foods, in order to maintain good health. One of the diseases that we want to prevent is heart disease. In Singapore, heart attack is the number 2 killer after cancer. Therefore, we want to make sure our heart is healthy. Proverbs 4:23 also exhorts us to guard our hearts; however, the proverb is not talking about guarding our physical heart, but the spiritual. The heart represents our inner man/the soul; we need to keep it safe with all diligence.

It is important to guard our hearts, because **what we think in our hearts defines who we are**: *“For as he thinketh in his heart, so is he”* (Proverbs 23:7). We do not want to be as Simon the sorcerer, who was found to have a heart that was not right in the sight of God (Acts 8:21). Rather, we want to have a heart that is pure before God: *“Blessed are the pure in heart: for they shall see God”* (Matthew 5:8). The Bible instructs us that we can purify our hearts by faith (Acts 15:9). In order to have faith, we must be guided by the word of God (Romans 10:17; cf. 1 Peter 1:22).

In order to guard our hearts, **we need to guard what goes into our hearts**. We do not want to be as Ananias, who allowed Satan to enter into his heart, which led him to lie to God (Acts 5:3). When we allow Satan to enter our hearts, all sorts of evil arise: envying, strife, hatred, anger etc. (James 3:14). Rather, we need to allow Jesus to enter into our hearts. The Bible tells us that Jesus dwells in our hearts by faith (Ephesians 3:17). Additionally, we need to have the law of God enter into our hearts (Hebrews 10:16). We need to have the peace of God in our hearts (Colossians 3:15-16).

In guarding our hearts, we not only need to watch for what goes in, but **we need to watch for what comes out of our hearts**. Jesus tells us that what comes out of the

heart reveals what is inside (Matthew 12:35). Furthermore, the things that proceed out of our mouths have the potential to defile us (Matthew 15:18-20). Back in Proverbs 4:23, we are exhorted to keep our hearts because *“out of it are the issues of life.”* That which comes out of our hearts has the potential to extend life and grace to those around us; but if we do not guard our hearts, death and corruption will be its fruit.

“Put away from thee a froward mouth, and perverse lips put far from thee.” (Proverbs 4:24)

The Proverb writer goes on to give three practical ways for us to guard our hearts. Firstly, to guard our hearts, **we must guard our tongues**. We must not allow our tongues to produce perverse and filthy words. We must refrain from corrupt communication (Ephesians 4:29), foolish talking & jesting (Ephesians 5:4), and we must put away *“anger, wrath, malice, blasphemy, filthy communication out of your mouth”* (Colossians 3:8).

It is important to control our tongues because what comes out of our mouth reflects what is inside, and they defile us (Matthew 15:17-20). Therefore, if we think we are religious, but cannot control our tongue, we are deceiving ourselves! (James 1:26). We must control our tongues, such that only edifying and graceful words come out of our mouths (Ephesians 4:29). What kind of words come out of our mouths?

“Let thine eyes look right on, and let thine eyelids look straight before thee” (Proverbs 4:25)

Secondly, to guard our hearts, we must guard our eyes. We need to focus on eyes on a straight path. Jesus Himself warns us that *“whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart”* (Matthew 5:28). One of the ways that Satan ensnares us is through the lust of the eyes (1 John 2:16). Instead of looking straight, we are distracted by sin.

Therefore, it is important to be careful where we focus our eyes upon. Jesus teaches us that *“the eye is the lamp of the body”* (Matthew 6:22-23 ESV). What the eye focuses on affects what the rest of the body does. If our eyes are focused upon earthly wealth, that is what the body will do. We need to focus our eyes on heavenly treasures (Matthew 6:19-21). We need to focus our eyes on Jesus (Hebrews 12:1-2). What are our eyes focused on?

“Ponder the path of thy feet, and let all thy ways be established. Turn not to the right hand nor to the left: remove thy foot from evil” (Proverbs 4:26-27)

Lastly, to guard our hearts, we need to guard our feet. We need to plan where we are walking, so that we can walk the right path, and not fall to the side. One of the things that the Lord hates: "*feet that be swift in running to mischief*" (Proverbs 6:18). We must be careful not to walk in the path of the ungodly and sinners (Psalm 1:1; Ephesians 4:17).

Instead, we ought to walk in the right path. Since our conversion, we ought to have been walking in newness of life: a life turned from serving sin to serving God (Romans 6:3-4). We are to walk in truth (3 John 1:4). We are to walk after God's commandments (2 John 1:6). We are to walk in the light (1 John 1:7). We are to walk in love (Ephesians 5:2). Where are our feet walking?

Brethren, let us guard our hearts with all diligence, that we may be pure in heart before God.



Health

Sis Shu Fang's father underwent an angiogram last week to unblock an artery, and is now recovering at home. Please pray for his speedy recovery.

Guests last week

1. Bro Paul & sis Ivy (*sis Baby's family*)
2. Stephanie Gostelow (*bro Martyn's wife*)
3. Kenny Kee (*sis Debbie's husband*)
4. Jason Lam (*sis Sarah's husband*)
5. Adriel Yeo (*sis Julia's nephew*)
6. Kelvin Kuan (*sis Eunice's friend*)
7. Gan Sok Ting (*bro Reuben's friend*)
6. Meyske (*sis Debbie's helper*)
7. Emily Esconde

Travelling (*Pray for safety*)

1. **Bro Kwan** in China till 7 May
2. **Bro Henry Chee & sis Lois** in Perth till 7 May
3. **Bro Alvin** in the Philippines till 8 May. He is visiting with sis Mary Ann's family and worshipping with the brethren at Vasra Diliman church of Christ and Commonwealth church of Christ today, where bro Alvin will be preaching and teaching. **Sis Mary Ann** will be there till 11 May.
4. **Sis Candice** in Tasmania for lectureship from 1-6 May and to Melbourne from 6-9 May.

UPCOMING EVENTS

MARK IN YOUR CALENDAR!

Tracting Session

Date & Time: 18 May, Sat @ 4.30pm
Meeting Point: Blk 359 Hougang Avenue 5
*Join us in spreading the good news
around the neighbourhood!*

Agape Lunch

Date & Time: 19 May, Sun @ 12.30pm
Venue: LAP Church Building
*Bring some food and enjoy a heartwarming
& wonderful fellowship together over lunch!*

CHURCH OF CHRIST
PRESENTS

"HAVE YOU CONSIDERED JESUS?"

Speaker: Lee Tian Seng
26 May 2019, Sunday | 9.30am |
20 Lim Ah Pin Road

www.lapcoc.org / limahpincoc@gmail.com / +65 6286 5605



Am I Standing In The Gap?

Date: 10th - 13th June (Mon - Thurs)
Venue: Berjaya Waterfront Hotel
Registration starts now!
Collection of fees starts 7th April

Fees:
\$200 (Adult-twin sharing), \$170 (child with bed), \$100 (child w/o bed)
*child - age 4-11

Upcoming Events in June

1 Jun - FellowKidz
9 Jun - Youth Fellowship
16 Jun - Visitor Class Training Session
29 Jun - Combined Youth Gospel Meeting



Thursday Bible Class

**"I AM the Bread of Life:
Part 2" (John 6:41-71)**

by bro Ernest Lau

Next Sunday Sermon

Nehemiah:

The Concerned Builder

by bro Kwan Tai Choom

Birthdays this week

7 May (Tue) – Mae

8 May (Wed) – Timothy

10 May (Fri) – Eunice

11 May (Sat) – Wee Sin



Please send any news &
prayer requests to
limahpincoc@gmail.com

PRAYER REQUESTS

Rezoning

We are presently in the process of applying to have our premises rezoned for worship. Please pray for the success of this project!

Overseas

- **Bro Long Jun** in China
- **Bro Kenneth Liong and sis Iris** in San Francisco
- **Bro Jonathan & sis Joan, bro Siang Yee, sis Farah** in UK
- **Sis Shuan Kwee** in Hong Kong
- **Bro Kevin** in New York for studies

Health

- **Sis Suan Kiang's & sis Linda's** health
- **Bro Wee Sin's** recovery from surgery for his right shoulder tendon
- **Sis Candice's** recovery from acute bronchitis
- **Sis Irene Kwek's** recovery from her fractured leg
- The health of **Justina** (sister-in-law of sis Tuan Sang)

Pregnancy

- Sis Mae (May'19), sis Deborah (Aug'19)

NSF

- Bro Wei Jie, bro Benedict, bro Titus, bro Shawn

MEN-TO-SERVE SCHEDULE

Morning Worship @ 9.30am		5-May-19	12-May-19	19-May-19
Song Leader		Jeremy Kwan	Joel Lee	Benjamin Kwan
Opening Prayer Leader		Lee Tian Seng	Benjamin Tan	Timothy Ng
Preacher		Ernest Lau	Kwan Tai Choom	Jimmy Lau
Lord's Supper Text		Mat 26:26-29	Isa 53:4-9	Php 2:5-11
Lord's Supper Servers	<i>Scripture Reader</i>	Yew Tian Geng	Gordon Loo	Leonard Chia
	<i>Prayer: Bread</i>	Wong Sek Hoong	Henry Chee	Dave Tapiru
	<i>Prayer: Fruit of Vine</i>	Danny Poo	Soo Kok Leong	Ling Leong Dak
	<i>Prayer: Offering</i>	Farand Lim	Alan Poon	Marc Wee
	<i>Assistant</i>	Melvin Tan	Cornelius Lee	Zachary Ling
<i>Foundation Class</i>		Ng Chee Beng	Ong Jun Wei	Ng Wei Jie
Announcer		Jimmy Lau	Amos Yang	Ernest Lau
Greeters		Shum Chee Ming Lim Poh Im	Teo Kim Tian Wang Ting Pei	Mary Ann Catalos Ellen Hernandez
Evening Worship @ 7pm				
Song Leader & O.P.		Jeremy Kwan	Benjamin Kwan	Timothy Ng
Speaker		Lee Tian Seng	Alvin Lin	Henry Leow
Lord's Supper, Giving & C.P.		Benjamin Tan	Nicodemus Oey	Jerry Cheong
Thursday Service @ 7.45pm				
Song Leader			Reuben Lim	Jimmy Lau
Opening Prayer Leader			James Mira	John Goh
Teacher			Ernest Lau	Ernest Lau
Closing Prayer Leader			Ong Jun Wei	Marc Wee